

You Suck!, 2010, 148 pages, Valery Satterwhite, 0982187815, 9780982187814,  
Valery Satterwhite, 2010

An advocate for your authentic greatness, Valery Satterwhite teaches you how to reclaim your power from your Inner Critic. Have the confidence and courage to get what you really want in life. With a sassy and edgy expression, You Suck! is: \* A Toolkit for those exhausted from being stuck in an emotional rut. \* A Guide to shift from the powerful head to empowered heart to champion your authenticity. \* A Resource to reach for a better perspective. Reviews: "This book helped me see beyond my "stuff" right to my inner core. Valery knew more about me than I knew about myself!" - Tony Michaelides, former U2 Publicist "If you feel trapped beneath the layers of expectations and want to get out, this is the book for you. Valery yanks you out, ruffles a few feathers and gives you the tools to powerfully create positive change. Your life will be nothing but great after putting her life changing strategies into place." - Nancy Marmolejo, Business Strategist VivaVisibility.com

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The Atlantic, Volume 272, Issues 1-4 , , 1993, Literary Collections, . .

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